



Western Dubuque
Schools Elementary
Lunch Menu
2019



Monday

Tuesday

Wednesday

Thursday

Friday



Check Out all our new recipes for the 2019-20 School year with many more to come!!

²³ **Chicken Patty Sandwich**
French Fries
Green Beans
Sidekick Fruit Slushie

²⁶ **BBQ McRib**
Curly Fries
Broccoli & Cheese
Applesauce

²⁷ **Chicken Strips w/Whole Grain Roll**
Mashed Potatoes
NEW Corn
Pears

²⁸ **French Toast Sticks Sausage Patty**
Hashbrowns
Fruitables Juice Box
Banana Half

²⁹ **Pork Tenderloin**
Ranch Potato Wedges
Garden Salad
Cinnamon Apples

³⁰ **Pizza Cruncher**
French Fries
Baby Carrots
Strawberries

Each meal includes a choice of 1% white, skim white or flavored milk



³ **Chicken Nuggets w/Whole Grain Roll**
Mashed Potatoes
Corn
Peaches NEW

⁴ **Cheeseburger Romaine & Tomato**
Sun Chips
Baby Carrots
Mandarin Oranges

⁵ **Pepperoni Pizza Pocket**
Garden Salad
*Sweet Corn
Fresh Melon
Rice Krispee Treat

⁶ **Mini Corn Dogs**
Tater Tots
Baked Beans
Apple

⁹ **Chicken & Gravy Buttered Noodles w/Whole Grain Roll**
Sweet Green Peas
Applesauce

¹⁰ **BBQ Pulled Pork**
Smiley Potatoes
Mixed Veg & Cheese
Sidekick Fruit Slushie

¹¹ **Popcorn Chicken w/Whole Grain Roll**
Mashed Potatoes
Corn
Peaches NEW

¹² **Walking Taco**
Cheesy Mexican Rice
Baby Carrots
Refried Beans
Fresh Melons

¹³ **Hot Dog**
Curly Fries
Green beans
Fresh Apples

¹⁶ **Country Fried Beef Steak & Creamy Gravy w/Whole Grain Roll**
Mashed Potatoes
Corn
Fruit Mix

¹⁷ **Grilled Chicken Sandwich**
Ranch Potato Wedges
Broccoli & Cheese
Applesauce

¹⁸ **Cheese Filled Breadstick w/ Marinara Sauce**
Baby Carrots
Garden Salad
SideKicks Fruit Slushie

¹⁹ **Sloppy Joe**
Curly Fries
Baked Beans
Fresh Oranges

²⁰ **Cheese Quesadilla**
Potato O'les
Green Beans
Pineapple

²³ **Cheesy French Bread Pizza**
Sun Chips
Peas
Pears

²⁴ **Biscuit & Gravy w/ Sausage Patty**
Hashbrowns
Fruitables Juice Box
Cinnamon Apples

²⁵ **Chicken Strips w/Whole Grain Roll**
Mashed Potatoes
NEW Corn
Peaches

²⁶ **Mac & Cheeseburger**
Garden Salad
Baby Carrots
Fresh Apple

²⁷ **Fish Sticks**
French Fries
Baked Beans
Oranges

³⁰ **Salisbury Steak**
Mashed Potatoes
Mixed Veg & Cheese
Pears

Peanut Butter & Jelly, Peanut Butter or Ham Sandwiches available daily!

School Lunch Needs Farmers!!
Celebrating Locally Grown Produce. Get to Know your Farmer!!
*Sweet Corn grown by Western Dubuque High School FFA Thank you!!