

August

2019

September

Western Dubuque Schools MS/HS Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday



Lots of **New Recipes** to try this year!



Pizza Every Day!!!

Daily 2nd Entree will be a PIZZA product Middle School and High School Only



Chicken Patty Sandwich
French Fries
Green Beans
Fresh Fruit
Sidekick Fruit Slushie

26 **BBQ McRib**
Curly Fries
Broccoli & Cheese
Applesauce

27 **Chicken Strips**
w/Whole Grain Roll
Mashed Potatoes
Corn
Pears

28 **French Toast Sticks**
Sausage Patty
Hashbrowns
Fruitables Juice Box
Banana Half

29 **Pork Tenderloin**
Ranch Potato Wedges
Garden Salad
Cinnamon Apples

30 **Pizza Cruncher**
French Fries
Baby Carrots & Dip
Strawberries

Each meal includes a choice of 1% white, skim white or flavored milk



3 **Chicken Nuggets**
w/Whole Grain Roll
Mashed Potatoes
Corn
Peaches

4 **Mandarin Orange Chicken w/ Rice**
Stir Fry Veggies
Baby Carrots & Dip
Mandarin Oranges

5 **Bacon Cheeseburger**
w/ Romaine & Tomato
Sun Chips
***Sweet Corn**
Fresh Melon
Rice Krispee Treat

6 **Mini Corn Dogs**
Tater Tots
Baked Beans
Fresh Apple

9 **Chicken & Gravy Buttered Noodles**
w/Whole Grain Roll
Sweet Green Peas
Applesauce

10 **BBQ Pulled Pork**
Smiley Potatoes
Mixed Veg & Cheese
Fresh Fruit
Sidekick Fruit Slushie

11 **Popcorn Chicken**
w/Whole Grain Roll
Mashed Potatoes
Corn
Peaches

12 **Walking Taco**
Cheesy Mexican Rice
Baby Carrots
Refried Beans
Fresh Melons

13 **Hot Dog**
Curly Fries
Green Beans
Fresh Apples

16 **Country Fried Beef Steak & Creamy Gravy**
w/Whole Grain Roll
Mashed Potatoes
Corn
Fruit Mix

17 **Grilled Chicken Sandwich**
Ranch Potato Wedges
Broccoli & Cheese
Applesauce

18 **Cheese Filled Breadstick**
w/ Marinara Sauce
Baby Carrots
Garden Salad
Fresh Fruit
SideKicks Fruit Slushie

19 **Sloppy Joe**
Curly Fries
Baked Beans
Fresh Oranges

20 **Cheese Quesadilla**
Potato O'les
Green Beans
Pineapple

23 **Chicken Wings**
Sun Chips
Peas
Pears

24 **Biscuit & Gravy w/ Sausage Patty**
Hashbrowns
Fruitables Juice Box
Cinnamon Apples

25 **Chicken Strips**
w/Whole Grain Roll
Mashed Potatoes
Corn
Peaches

26 **Mac & Cheeseburger**
Garden Salad
Baby Carrots
Fresh Apple

27 **Fish Sticks**
French Fries
Baked Beans
Fresh Oranges

30 **Salisbury Steak**
Mashed Potatoes
Mixed Veg & Cheese
Pears

School Lunch Needs Farmers!!
Locally grown fruit and vegetables will be served as often as possible.



***Sweet Corn grown by Western Dubuque High School FFA Thank You!!**