

February 2019



Western Dubuque Schools Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Peanut Butter & Jelly, Peanut Butter or Ham Sandwiches available every day!</p>	<p>Each meal includes a choice of 1% white, skim white or flavored milk</p>	 <p>American Heart Month</p>		<p>1</p> <p>Nacho Supremes Potato Oles Baby Carrots Jell-O Fruit Salad</p> 
<p>4</p> <p>Country Fried Beef Steak & Creamy Gravy w/Whole Grain Roll Mashed Potatoes Corn Peaches</p>	<p>5</p> <p>Grilled Chicken Sandwich </p> <p>Ranch Potato Wedges Broccoli & Cheese Applesauce</p>	<p>6</p> <p>Cheese Filled Breadstick w/ Marinara Sauce Sweet Green Peas Garden Salad SideKicks Fruit Slushie</p>	<p>7</p> <p>Soft Shell Taco</p> <p>Refried Beans Corn Fresh Oranges</p>	<p>8</p> <p>No School</p> 
<p>11</p> <p>Cheesy French Bread Pizza</p> <p>Sun Chips Green Beans Pears</p> 	<p>12</p> <p>Chicken Strips w/Whole Grain Roll</p> <p>Mashed Potatoes Corn Peaches</p>	<p>13</p> <p>Hot Ham & Cheese Melt</p> <p>Hashbrowns Fruitables Juice Box Cinnamon Apples</p> 	<p>14</p> <p>Sweet Heart Chicken*</p> <p>Stir Fried Rice Cupid Carrots** Green Beans Pineapple Valentine Cake</p> 	<p>15</p> <p>Hot Dog</p> <p>Curly Fries Baked Beans Oranges</p>
<p>18</p> <p>Meatball Sub Tater Tots Mixed Veg & Cheese Fruit Mix Presidential Cookies</p> 	<p>19</p> <p>Chicken Patty Sandwich</p> <p>French Fries Baked Beans Applesauce</p> 	<p>20</p> <p>Taco Salad</p> <p>Cheesy Mexican Rice Corn Fresh Oranges</p>	<p>21</p> <p>Pork Tenderloin</p> <p>Ranch Potato Wedges Green Beans SideKicks Fruit Slushie</p>	<p>22</p> <p>Stuffed Crust Pepperoni Pizza</p> <p>Sun Chips Baby Carrots Fresh Fruit</p>
<p>25</p> <p>Popcorn Chicken w/Whole Grain Roll</p> <p>Mashed Potatoes Corn Pears</p> 	<p>26</p> <p>BBQ McRib</p> <p>Curly Fries Sweet Green Peas Peaches</p>	<p>27</p> <p>Cheeseburger w/ Romaine & Tomatoes</p> <p>French Fries Garden Salad Mandarin Oranges</p>	<p>28</p> <p>Chicken Alfredo over Egg Noodles w/ Garlic Breadstick</p> <p>Broccoli Baby Carrots Fresh Apple</p>	

*Battered Chicken Nuggets with a Sweet and Sour Stir-Fry Sauce
**Cooked Carrots tossed in a Sweet and Sour Stir-Fry Sauce