



Western  
Dubuque Schools  
MS/HS Lunch  
Menu  
2018

# December

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> KINDNESS IS FREE SPRINKLE THAT STUFF EVERYWHERE 	<b>4</b> <b>Chicken Nuggets</b> w/Whole Grain Roll Mashed Potatoes Corn Peaches 	<b>5</b> <b>BBQ Pulled Pork</b> Waffle Fry Mixed Veggie & Cheese Applesauce	<b>6</b> <b>Walking Taco</b> Cheesy Mexican Rice Refried Beans Fresh Oranges 	<b>7</b> <b>Pepperoni Pizza Pocket</b> French Fries Baby Carrots Fruit Mix
<b>10</b> <b>Chicken &amp; Gravy Buttered Noodles</b> w/Whole Grain Roll Sweet Green Peas Cinnamon Apples	<b>11</b> <b>Sloppy Joe</b> Curly Fries Baked Beans Fresh Fruit SideKicks Fruit Slushie	<b>12</b> <b>Popcorn Chicken</b> w/Whole Grain Roll Mashed Potatoes Corn Pears	<b>13</b> <b>Pizza Cruncher</b> Cheesy Potato Bake Green Beans Strawberries 	<b>14</b> <b>Chicken Quesadilla</b> Potato Oles Baby Carrots Pineapple
<b>Each meal includes a choice of 1% white, skim white or flavored milk</b>				
<b>17</b> <b>Country Fried Beef Steak</b> & Creamy Gravy w/Whole Grain Roll Mashed Potatoes Corn Fruit Mix	<b>18</b> <b>Cheese Filled Breadstick</b> w/ Marinara Sauce Glazed Carrots Green Beans Fresh Fruit SideKicks Fruit Slushie	<b>19</b> <b>Cheese Omelet &amp; Sausage Patty w/ Cinnamon Roll</b> Hashbrowns Fruitables Juice Box Banana	<b>20</b> <b>Grilled Chicken Sandwich</b> Ranch Potato Wedges Broccoli & Cheese Applesauce 	<b>21</b> <b>Cook's Choice</b> <i>Please check with your school's Nutrition Department staff for today's menu</i> 
			<b>Pizza Every Day!!!</b> Daily 2nd Entree will be a PIZZA product Middle School and High School Only 	