



Otis Spunkmeyer, Inc.,
14490 Catalina Street,
San Leandro, CA 94577

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Otis Spunkmeyer Supreme Muffins Triple Berry Whole Grain

Item Code: 06230 Item Size: 4oz - Bulk - 12
Muffins/Tray/2 Trays
Case Pack: 24 Net Case Weight: 6lb



Packed with raspberries, cranberries, and wild blueberries, these 100% whole grain reduced-fat muffins are topped with wholesome oats.

Nutrition Facts	
Serving Size 4.0 oz. (113g)	
Servings Per Container 1	
Amount Per Serving	
Calories 380	Calories from Fat 140
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 40mg	14%
Sodium 450mg	19%
Potassium 250mg	7%
Total Carbohydrate 55g	18%
Dietary Fiber 4g	17%
Sugars 30g	
Protein 7g	
Vitamin A 2%	• Vitamin C 8%
Calcium 4%	• Iron 10%
Thiamin 8%	• Riboflavin 15%
Niacin 20%	• Folate 4%
Phosphorus 30%	• Magnesium 8%
Zinc 4%	
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	

Ingredients

Sugar, Whole Wheat Flour, Soybean Oil, Eggs, Cranberries, Blueberries, Rolled Oats, Raspberries, Water, Apples, Glycerin. Contains 2% or less of the following: Palm Oil, Wheat Gluten, Wheat Protein Isolate, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Food Starch – Modified, Soy Flour, Propylene Glycol Monostearate, Mono- and Diglycerides, Sodium Stearoyl Lactylate, Natural and Artificial Flavors, Salt, Whey Protein Concentrate,



Shelf Life

Muffins may be stored up to 6 months frozen in the original packaging.

Muffins may be stored in the original sealed tray for up to 7 days at room temperature.

Muffins may be stored inside an enclosed display case for up to 2 days at room temperature.

Muffins that are displayed outside an enclosed case at room temperature should be sold within 24 hours.

Defrosting / Handling Tips

Remove trays from case and allow muffins to thaw inside the tray or in a display case for 1 hour prior to serving. Do not refrigerate product. Refrigeration will dehydrate the muffins and accelerate staling.

Potassium Sorbate as a preservative, Oat Flour, Lecithin, Sodium Alginate, Cinnamon, Lemon Juice, Citric Acid, Nutmeg, Invert Sugar, Honey, Brown Sugar, Molasses, Corn Syrup, Corn Starch, Carnauba Wax.

Contains: Wheat, Eggs, Milk and Soybeans

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