

Western Dubuque Community SD

Menú para el Almuerzo de La Escuela Primaria

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 Albóndiga con salsa de jitomate bolitas de papas ejotes Peras	Apr - 2 Sándwich de pollo empanizado papas fritas al horno chicharos manzana molida Galleta de chocolate con avena	Apr - 3 carne molida con chips Arroz con Queso elote naranja	Apr - 4 sandwich de carne de puerco empanizado papas con aderezo frijoles al horno nieve de colores	Apr - 5 Rollitos de lasagna con queso pan de ajo con queso Zanahorias Chiquitas Brocoli con Queso Manzana
Apr - 8 sandwich de puerco con salsa barbeque papas fritas rizadas ejotes Duraznos	Apr - 9 bolitas de pollo empanizado Panecillo papa molida Salsa de pollo(opcional) elote Peras	Apr - 10 espagueti con con salas tomate pan de ajo con queso Ensalada Manzanas con canela	Apr - 11 Hamburguesa de carne con queso sabritas Lechuga y jitomate Zanahorias con glaciado Mandarinas	Apr - 12 Palo de Pescado Picadas de Puré de Papas frijoles al horno Manzana
Apr - 15 hamburguesa de carne molida papas fritas rizadas frijoles al horno naranja	Apr - 16 nugets de pollo Panecillo papa molida Salsa de pollo(opcional) elote Duraznos	Apr - 17 sandwich de carne de puerco deshebrada papas de caritas sonrientes Brocoli con Queso nieve de colores	Apr - 18 Pizza de pepperoni sabritas Zanahorias Chiquitas ejotes manzana molida	Apr - 19
Apr - 22	Apr - 23 Pizza Cruncher papas fritas rizadas Zanahorias con glaciado Fruta Mixta	Apr - 24 Pollo con salsa Fideos con mantequilla Panecillo chicharos Peras	Apr - 25 pan frances tostado con miel salchicha redonda Picadillo Caja de jugo fruitables Plátano medio	Apr - 26 Quesadilla de queso papas redondas ejotes Pina
Apr - 29 sandwich de pollo a la parrilla papas con aderezo Brocoli con Queso manzana molida	Apr - 30 carne de puerco rostisada con salsa Panecillo papa molida Salsa de pollo(opcional) elote Fruta Mixta			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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