

Mantequilla de maní, mantequilla de maní y jalea o jamón bocadillos disponibles todos los días

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 Hamburguesa de carne con tozino Lechuga y jitomate papas fritas al horno ejotes Manzana Galleta de chocolate con avena	Nov - 2 salchichas empanizadas Papa Frita frijoles al horno naranja
Nov - 5 Bistec Frito & Salsa Panecillo papa molida Salsa de res(opcional) elote Peras	Nov - 6 sandwich de pollo a la parrilla bolitas de papas Brocoli con Queso Fruta fresca nieve de colores	Nov - 7 Pan relleno de queso con Salsa Marinara Ensalada chicharos Manzanas con canela	Nov - 8 Albóndiga con salsa de jitomate Papa con Queso en Pan ejotes naranja	Nov - 9 Taquitos de pollo Frijoles refritos Zanahorias Chiquitas Manzana
Nov - 12 Cheetos California Mix verduras con queso Peras	Nov - 13 turkey rostizado Salsa de pollo(opcional) Panecillo aderezo papa molida elote Duraznos postre de calabaza	Nov - 14 Pollo naranja mandarina Revuelva el arroz frito ejotes Zanahorias Chiquitas Mandarinas	Nov - 15 Sándwich de pollo empanizado frijoles al horno papas fritas rizadas manzana molida	Nov - 16 Sándwich de pescado papas fritas al horno chicharos naranja
Nov - 19 nugets de pollo Panecillo papa molida Salsa de res(opcional) elote Duraznos	Nov - 20 sandwich de carne de puerco empanizado papas con aderezo Brocoli con Queso Fruta fresca nieve de colores	Nov - 21 No hay clases	Nov - 22 No hay clases	Nov - 23 No hay clases

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Mantequilla de maní, mantequilla de maní y jalea o jamón bocadillos disponibles todos los días

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 26 sandwich de puerco con salsa barbeque papas fritas rizadas ejotes Duraznos	Nov - 27 Gofre de Dutch salchicha redonda Picadillo Caja de jugo fruitables Plátano	Nov - 28 taco de carne molida Arroz con Queso Frijoles refritos elote naranja	Nov - 29 espagueti con con salas tomate pan de ajo con queso Ensalada Manzanas con canela	Nov - 30 salchichon Hot Dog papas fritas al horno California Mix verduras con queso Peras

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.