

Western Dubuque Community SD

Menú del almuerzo de la escuela secundaria

Apr 18, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
		May - 1 sandwich de jamon sabritas Ensalada Zanahorias Chiquitas pasas de uva Rice Bar Krispie	May - 2 taco de carne molida Arroz español elote naranja	May - 3 Pan relleno de queso con Salsa Marinara Zanahorias con glaciarse chicharos Fruta fresca nieve de colores
May - 6 opcion de la cosinera sabritas ejotes Peras	May - 7 Gofre de Dutch salchicha redonda Picadillo Caja de jugo fruitables Manzanas con canela	May - 8 Tiras de pollo empanizad Panecillo papa molida Salsa de pollo(opcional) elote Duraznos	May - 9 macaroni de carne con queso Ensalada Zanahorias Chiquitas Manzana	May - 10 Palo de Pescado Ensalada de col papas fritas rizadas frijoles al horno naranja
May - 13 bistec con salsa Panecillo papa molida Salsa de res(opcional) elote Fruta Mixta	May - 14 Pizza Cruncher papas fritas al horno Brocoli con Queso Fresas Tarta de fresa	May - 15 carne molida con chips Arroz español elote naranja	May - 16 Sándwich de pollo empanizado papas con aderezo Zanahorias con glaciarse manzana molida	May - 17 Hot Dog salchichon sabritas frijoles al horno Peras
May - 20 sandwich de puerco con salsa barbeque papas fritas rizadas Brocoli con Queso Duraznos	May - 21 espaguete con con salas tomate pan de ajo con queso ejotes Manzanas con canela	May - 22 Pollo naranja mandarina Revuelva el arroz frito Ensalada Zanahorias Chiquitas Mandarinas	May - 23 Hamburguesa de carne con tozino Lechuga y jitomate sabritas frijoles al horno Fruta Mixta	May - 24 salchichas empanizadas bolitas de papas chicharos Manzana
May - 27 No hay clases	May - 28 Nugets de pollo Panecillo papa molida Salsa de pollo(opcional) elote Duraznos	May - 29 hamburguesa de carne molida Papa con Queso en Pan ejotes Fresas Taza de yogur congelado	May - 30 pan frances tostado con miel salchicha redonda Picadillo Caja de jugo fruitables Plátano	May - 31 sandwich de carne de puerco empanizado papas con aderezo Zanahorias Chiquitas Fruta fresca nieve de colores
Jun - 3 opcion de la cosinera	Jun - 4 opcion de la cosinera			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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