

# Western Dubuque Community SD

## 010 - SUMMER FOODS LIBRARY

### Menu Almuerzo Espanol

Jun 15, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 17 Gofre de Dutch salchicha redonda Picadillo Taza de jugo	Jun - 18 Pan de ajo queso chicharos Peras	Jun - 19 Sándwich de pollo empanizado bolitas de papas nieve de colores	Jun - 20 Pollo naranja mandarina con arroz cafe ejotes Mandarinas	Jun - 21 sandwich de jamon Cheetos Verduras frescas Fruta fresca
Jun - 24 Bolsillo Pizza Pepperoni papas fritas al horno * Uvas, frescas	Jun - 25 hamburguesa de carne molida Brocoli con Queso MELÓN FRESCO	Jun - 26 Nugets de pollo Panecillo papa molida Salsa de pollo(opcional) Duraznos	Jun - 27 doritos con carne molida elote naranja	Jun - 28 sandwich de puerco con salsa barbeque papas con aderezo Fruta Mixta
Jul - 1 Jul - 8 bolitas de pollo empanizado Panecillo papa molida  Manzana	Jul - 2 Jul - 9 pan frances tostado con miel salchicha redonda Picadillo Taza de jugo	Jul - 3 Jul - 10 espagueti con con salas tomate Ensalada naranja	Jul - 4 Jul - 11 Pizza de Salchicha Ensalada nieve de colores	Jul - 5 Jul - 12 sandwich de pollo a la parrilla bolitas de papas Duraznos
Jul - 15 Pollo con salsa Fideos con mantequilla chicharos Peras	Jul - 16 carne molida con chips elote Manzana	Jul - 17 Pan relleno de queso ejotes Fruta Mixta	Jul - 18 Hamburguesa de carne con tozino papas fritas al horno * Uvas, frescas	Jul - 19 salchichas empanizadas papas de caritas sonrientes arándano
Jul - 22 Steak Taco Chips de tortilla papas redondas Pina	Jul - 23 sandwich de carne de puerco empanizado papas con aderezo Duraznos	Jul - 24 Tiras de pollo empanizad Panecillo papa molida Salsa de pollo(opcional) Manzana	Jul - 25 sandwich de carne de puerco desebrada papas fritas rizadas naranja	Jul - 26 Pizza Cruncher Ensalada Fruta fresca
Jul - 29 Gofre de Dutch salchicha redonda Picadillo Taza de jugo	Jul - 30 Pan de ajo queso chicharos Peras	Jul - 31 Sándwich de pollo empanizado bolitas de papas nieve de colores	Aug - 1 Pollo naranja mandarina con arroz cafe ejotes Mandarinas	Aug - 2 sandwich de jamon Cheetos Verduras frescas Fruta fresca

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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## Menu Almuerzo Espanol

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 5 Bolsillo Pizza Pepperoni papas fritas al horno * Uvas, frescas	Aug - 6 hamburguesa de carne molida Brocoli con Queso MELÓN FRESCO	Aug - 7 Nugets de pollo Panecillo papa molida Salsa de pollo(opcional) Duraznos	Aug - 8 doritos con carne molida elote naranja	Aug - 9 sandwich de puerco con salsa barbeque papas con aderezo Fruta Mixta
Aug - 12 bolitas de pollo empanizado Panecillo papa molida Manzana	Aug - 13 pan frances tostado con miel salchicha redonda Picadillo Taza de jugo	Aug - 14 espagueti con con salas tomate Ensalada naranja	Aug - 15 Pizza de Salchicha Ensalada nieve de colores	Aug - 16 sandwich de pollo a la parrilla bolitas de papas Duraznos
Aug - 19 Pollo con salsa Fideos con mantequilla chicharos Peras	Aug - 20 carne molida con chips elote Manzana	Aug - 21 Pan relleno de queso ejotes Fruta Mixta		

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