

Western Dubuque Community SD

Menú para el Almuerzo de La Escuela Primaria

Monday	Tuesday	Wednesday	Thursday	Friday
			Aug - 23 sandwich de carne de puerco empanizado papas con aderezo ejotes nieve de colores	Aug - 24 Perros mini maíz bolitas de papas frijoles al horno naranja
Aug - 27 sandwich de puerco con salsa barbeque papas fritas rizadas Brocoli con Queso manzana molida	Aug - 28 bolitas de pollo empanizado Panecillo papa molida Salsa de pollo(opcional) elote Peras	Aug - 29 Hamburguesa de carne con queso Lechuga y jitomate papas fritas al horno Ensalada Mandarinas	Aug - 30 Pizza de pepperoni sabritas elote MELÓN FRESCO Rice Bar Krispie	Aug - 31 Quesadilla de queso papas redondas Frijoles refritos Pina
Sep - 3 No hay clases	Sep - 4 nugets de pollo Panecillo papa molida Salsa de pollo(opcional) elote Duraznos	Sep - 5 pan frances tostado con miel salchicha redonda Picadillo Plátano Caja de jugo fruitables	Sep - 6 espagueti con con salas tomate pan de ajo con queso Ensalada naranja	Sep - 7 Pizza de peperoni Zanahorias Chiquitas ejotes Fruta Mixta
Sep - 10 Pollo con salsa Fideos con mantequilla Panecillo chicharos manzana molida	Sep - 11 hamburguesa de carne molida papas de caritas sonrientes frijoles al horno nieve de colores	Sep - 12 Pizza Cruncher Ensalada ejotes Manzana con Salsa Marinara	Sep - 13 taco de carne molida elote naranja	Sep - 14 Hot Dog papas fritas al horno Brocoli con Queso Peras
Sep - 17 No hay clases	Sep - 18 pizza con bolitas de carne sabritas ejotes Zanahorias Chiquitas Fruta Mixta	Sep - 19 Tiras de pollo empanizad Panecillo papa molida Salsa de pollo(opcional) elote Duraznos	Sep - 20 BBQ Pulled Pork/Bun (P) California Mix verduras con queso Ensalada MELÓN FRESCO	Sep - 21 macaroni de carne con queso papas fritas rizadas chicharos Manzana

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sep - 24 Bistec Frito & Salsa Panecillo papa molida Salsa de res(opcional) elote Fruta Mixta	Sep - 25 Pan relleno de queso con Salsa Marinara ejotes Zanahorias con glaciado Duraznos	Sep - 26 sandwich de pollo a la parrilla papas fritas al horno chicharos Manzanas con canela	Sep - 27 Albóndiga con salsa de jitomate macaroni con queso Ensalada naranja	Sep - 28 Bolsillo Pizza Pepperoni sabritas Zanahorias Chiquitas frijoles al horno Manzana

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