

Hosted by:  
Western  
Dubuque  
Cross Country

19<sup>th</sup> Annual  
Town and Country Funfest Road Race  
Epworth, Iowa

8K (5 mile) Race

2 Mile Walk or Run



**DATE:** Saturday, August 5, 2023

**SCHEDULE:** 8K (5 Mile) and 2 Mile 8:00 AM  
(Strollers are fine, but please – NO PETS)  
Awards 9:15 AM

**PLACE:** Western Dubuque High School – 302 5th Avenue SW, Epworth, Iowa. From Highway 20 → Take Exit 304 → North on Center Avenue to Stop sign → Left on Main Street → Left on 5th Avenue SW

**AWARDS:** Age division awards given to the top three men and women finishers for each race  
Age categories 15 & under, 16 - 19, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60 - 74 and 75+  
Must be present at awards ceremony to receive medals

**PACKET PICK-UP & CHECK-IN:** 6:45 – 7:45 AM, August 5 – Western Dubuque High School  
**ACTIVITIES (NORTH) ENTRANCE**

**POST-RACE:** Town and Country Days Parade – Main Street at 10:30 A.M.  
Food, games, dancing – Tower Park

**COST:** \$20 if received by July 19, \$30 July 20 through the morning of the race

**INFO.:** For more information contact Western Dubuque High School  
Phone (563) 599-5080  
Email at [mark.digmann@wdbqschools.org](mailto:mark.digmann@wdbqschools.org)

**ONLINE REGISTRATION  
NOW AVAILABLE!**

<https://w-dubuque.revtrak.net>

\*Credit Card OR eCheck payment options

\*Click on “Road Races”

\*Online Registration Questions?  
Contact Mark Frasher at 563-744-3885 x6022