



Western Dubuque Schools MS/HS 2023

Monday	Tuesday	Wednesday	Thursday	Friday
6th and 9th Grade Cheese Filled Breadsticks w/Marinara Sauce Cooks Choice Veggie Cooks Choice Fruit Milk	 23 FIRST DAY!!!!	23 FIRST DAY!!!! Stuffed Crust Pepperoni Pizza Carrots w/Ranch Cooks Choice Veggie Craisens & Fresh Apple Milk	24 Spaghetti w/Meat Sauce Garlic Toast Side Salad w/Dressing Fresh Grapes Milk	25 It's Back! Louisiana Chicken Fillet on a bun w/Sun Chips Baby carrots Fresh Celery Sticks w/ranch Frozen Strawberry Cup
28 Chicken and Gravy w/Buttered Noodles Peas & Pears Whole Grain Dinner Roll Milk	29 Local Sweet Corn Day! 1/4 lb Pub Burger w/Romaine and Tomato Curly Fries ★ Kremer's Grown Sweet Corn ★ Fruit Mix and Milk	30 French Toast Sticks w/Syrup Sausage Patty Hashbrown & Juice Box Banana Half Milk	31 Boneless Chicken Bites Mashed Potatoes w/gravy Fresh Green Beans Fresh Apple Slices whole grain dinner roll	1 Walking Taco w/Cheese and Salsa Side Salad w/Baby Carrots Potato Ole's & Refried Beans Fresh Orange Slices
4 	5 New Item! Cheese Roller Dog on a bun w/Sweet Relish & Onion Steamed Vegetables Pineapple Tidbits & Dried Cranberries Milk	6 Wild Wing Wednesday Chicken Wings w/sauce bar Steak Cut Fries or Onion Rings Fresh Cucumber Slices w/Ranch Fruit Mix & Delight Dessert Milk	7 French Bread Pepperoni Pizza Harvest Cheddar Sun Chips Fresh Fruit Assortment Fresh Green Beans Milk	8 Mandarin Orange Chicken Stir Fried Rice Steamed Broccoli Baby Carrots Mandarin Oranges
11 Mr. Sloppy Joe Curly Fries Applesauce Peaches Milk	12 New Item! Nashville Hot Chicken Tenders Mashed Potatoes w/gravy Corn Pears whole grain dinner roll	13 Pulled Pork Nachos w/Queso w/Shredded lettuce and Salsa Baked beans Pineapple Tidbits Milk	14 Spaghetti w/Meat Sauce Garlic Toast Side Salad w/Dressing Fresh Apple Slices Milk	15 **New Vegetable Item** Wild Mike's Cheese Bites Regular or Jalapeno w/Marinara Baked Cheetos Fresh Strawberries & carrots Broccoli Littles & Milk
18 Boneless Chicken Bites Mashed Potatoes w/gravy Corn & peaches Whole Grain Dinner Roll Milk	19 New Item! Pretzel Dog w/Queso Tator Tots Baked Beans Pineapple Tidbits Milk	20 Mac and Cheeseburger w/goldfish crackers Side salad w/dressing Mixed Steamed Veggies Fresh Apple Slices & Milk	21 Walking Taco w/Cheese and Salsa Side Salad Potato Ole's Fresh Orange Slices	22 Bosco Sticks w/ Marinara Sun Chips Carrots or Celery w/ranch Frozen Strawberry Cup Craisins
25 BBQ Rib Patty on a Bun Ranch Potato Wedges Mixed Vegetables w/Cheese Pears Milk	26 Louisiana Chicken Fillet w/ Romaine and Tomato Curly Fries & Baby Carrots Coleslaw Applesauce Cup	27 ***Local Foods Day** French Toast Sticks w/Syrup ★ O'Connell Acres ★ Organic Sausage Patty & Juice Box Hashbrown and Fresh Apple Milk	28 Mandarin Orange Chicken white rice Steamed Broccoli Side Salad w/Dressing Mandarin Oranges & Milk	29 Pizza Crunchers Harvest Cheddar Sun Chips Cooks Choice Fresh Fruit Baked Beans & Baby Carrots Milk

Menu subject to change without notice
PB,PB&J and Ham Sandwiches avail. daily

This institution is an equal opportunity provider
Fat Free, 1% white and 1% Choc Milk available daily



Reminder, If you feel you qualify for free or reduced Lunches. Please submit an application in your parent portal. Click on More then Meal Benefits.

