



Western Dubuque  
Schools Elementary  
Lunch Menu  
**2023**

**August/Sept 2023 PK-5 Lunch**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>23</b> First Day! <b>Stuffed Crust Pepperoni Pizza</b> Carrots w/Ranch Craisens & Fresh Apple Milk	<b>24</b> <b>Spaghetti w/Meat Sauce</b> Garlic Toast Side Salad w/Dressing Fresh Grapes Milk	<b>25</b> <b>Louisiana Chicken Fillet</b> on a bun w/Sun Chips Baby carrots Fresh Celery Sticks w/ranch Frozen Strawberry Cup
<b>28</b> <b>Chicken and Gravy</b> w/Buttered Noodles Peas Pears Milk	<b>29</b> <b>Cheeseburger on a Bun</b> w/Romaine and Tomato Curly Fries Baby Carrots Fruit Mix and Milk	<b>30</b> <b>French Toast Sticks w/Syrup</b> Sausage Patty Hashbrown Banana Half Milk	<b>31</b> <b>Boneless Chicken Bites</b> Mashed Potatoes w/gravy Fresh Green Beans Fresh Apple whole grain dinner roll & Milk	<b>1</b> <b>Walking Taco</b> w/Cheese and Salsa Side Salad Potato Ole's & Refried Beans Fresh Orange Slices
	<b>5</b> New Item! <b>Cheese Roller Dog on a bun</b> w/Sweet Relish & Onion Steamed Vegetables Pineapple and Dried Cranberries Milk	<b>6</b> <b>Chicken Nuggets</b> French Fries Fresh Cucumber Slices w/Ranch Fruit Mix Milk	<b>7</b> <b>French Bread Pepperoni Pizza</b> Harvest Cheddar Sun Chips Fresh Fruit Assortment Fresh Green Beans Milk	<b>8</b> <b>Mandarin Orange Chicken</b> Stir Fried Rice Steamed Broccoli Baby Carrots Mandarin Oranges & Milk
<b>11</b> <b>Mr. Sloppy Joe</b> Curly Fries Applesauce Peaches Milk	<b>12</b> <b>Chicken Strips</b> Mashed Potatoes w/gravy Corn Pears whole grain dinner roll & Milk	<b>13</b> <b>Pulled Pork Nachos w/Queso</b> w/Shredded lettuce and Salsa Baked beans Pineapple Tidbits Milk	<b>14</b> <b>Spaghetti w/Meat Sauce</b> Garlic Toast Side Salad w/Dressing Fresh Apple Slices Milk	<b>15</b> "New Vegetable Item" <b>Cheese Filled Breadsticks</b> w/Marinara Sauce Baked Cheetos Fresh Strawberries Broccoli Littles & Milk
<b>18</b> <b>Boneless Chicken Bites</b> Mashed Potatoes w/gravy Corn & Peaches Whole Grain Dinner Roll Milk	<b>19</b> <b>Mini Corn Dogs</b> Tator Tots Baked Beans Cooks Choice Fruit Milk	<b>20</b> <b>Mac and Cheeseburger</b> w/Goldfish Crackers Side salad w/dressing Mixed Steamed Veggies Fresh Apple Slices & Milk	<b>21</b> <b>Walking Taco</b> w/Cheese and Salsa Side Salad Potato Ole's Fresh Orange Slices	<b>22</b> <b>Stuffed Crust Pizza</b> Sun Chips Celery Sticks or Carrots w/ranch Frozen Strawberry Cup Craisins
<b>25</b> <b>BBQ Rib Patty on a Bun</b> Ranch Potato Wedges Mixed Vegetables w/Cheese Pears Milk	<b>26</b> <b>Louisiana Chicken Fillet</b> w/ Romaine and Tomato Curly Fries & baby Carrots Coleslaw Applesauce Cup	<b>27</b> "Local Foods Day!" <b>French Toast Sticks w/Syrup</b> O'Connell Acres Organic Sausage Patty Hashbrown Wedge & Fresh Apple Milk	<b>28</b> <b>Mandarin Orange Chicken</b> White Rice Steamed Broccoli Side Salad w/Dressing Mandarin Oranges & Milk	<b>29</b> <b>Pizza Crunchers</b> Harvest Cheddar Sun Chips Cooks Choice Fresh Fruit Baked Beans & Baby Carrots Milk

Menu subject to change without notice  
PB,PB&J and Ham Sandwiches avail. daily

This institution is an equal opportunity provider  
Fat Free, 1% white and 1% Choc Milk available daily



Reminder, If you feel you qualify for free or reduced Lunches. Please submit an application in your parent portal. Click on More then Meal Benefits.

