



Fruity Cheerios® Bowlpak Cereal

Meets K-12 1 Ounce Equivalent Grain. Whole Grain Corn - First Ingredient. A fruity, sweetened corn and oat cereal in ring-shaped pieces flavored with real fruit juice and natural flavors. Provides 12 vitamins and minerals. Contains no artificial flavors. 1 oz eq grain.

ALLERGENS: MAY CONTAIN WHEAT INGREDIENTS

UNIT SIZE: 1.12 OZ
CASE COUNT: 96

PRODUCT CODE: 31916000
UPC: 016000319165
GTIN: 10016000319162

Nutrition Facts

Serving Size:	1 Bowl (31g)	
Amount Per Serving:	As Packaged	
Calories	120	
Calories From Fat	15	
		% Daily Value*
Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	150mg	6%
Potassium	70mg	2%
Total Carbohydrate	26g	9%
Dietary Fiber	2g	7%
Sugars	10g	
Protein	2g	
Vitamin A	10%	
Vitamin C	30%	
Calcium	10%	
Iron	25%	
Vitamin D	10%	
Thiamin	30%	
Riboflavin	30%	
Niacin	25%	
Vitamin B6	30%	
Folic Acid	50%	
Vitamin B12	30%	
Zinc	25%	

* Percent Daily Value (DV) are based on a 2,000 calorie diet

* - Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

*Do not eat raw dough or batter.

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Ingredients

Whole Grain Corn, Sugar, Whole Grain Oats, Corn Syrup, Canola Oil, Pear Puree Concentrate, Salt, Color (vegetable juice, fruit juice, and annatto extract), Corn Bran, Trisodium Phosphate, Natural Flavor, Sodium Citrate, Citric Acid. Vitamin E (mixed tocopherols) and Ascorbic Acid Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Zinc and Iron (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.



Kosher:

Package Information

NET WEIGHT: N/A
VOLUME: 2.346 CF
HEIGHT: 18.62 IN
LENGTH: 16.75 IN
WIDTH: 13 IN
CASE SIZE: 2.346 CF