

# Cougar Volleyball Camp 2019

(Open to all area girls entering grades 3<sup>rd</sup> – 12<sup>th</sup> this fall)

**Dates:** August 5<sup>th</sup> – August 8<sup>th</sup> for grades 3<sup>rd</sup> – 12<sup>th</sup>

**Time:** 9:00 - 10:30 a.m. for grades 3<sup>rd</sup> – 5<sup>th</sup>  
10:30 – 12:00 p.m. for grades 6<sup>th</sup> – 8<sup>th</sup>  
1:00 – 4:00 p.m. for high school

**Location:** Cascade High School New Gym

**Goal:** The Cascade High School coaching staff will lead this camp. We will be working on fundamentals for all positions and team building activities.

**Cost:** \$30.00/camper for high school athletes  
\$25.00/camper for grades 3<sup>rd</sup> – 8<sup>th</sup>

\*\*These payments should be made upon online registration. Camp t-shirts are included in this cost.

**Register ONLINE using RevTrak @**

<https://w-dubuque.revtrak.net/Youth-Sports-CampsLeagues/>

Credit Card OR eCheck payment options available

**PLEASE REGISTER BY JULY 15<sup>TH</sup> TO GUARANTEE SHIRT SIZES**

Camp questions: Contact Coach Frake at 563-599-7764 or [mary.frake@wdbqschools.org](mailto:mary.frake@wdbqschools.org)

Online registration questions: Contact Abby Davidshofer at 563-744-3885 Ext.6024

