

# Happy May Day Friday May 1<sup>st</sup>

May Day has long been a tradition in my family. On May 1<sup>st</sup> as I was growing up my sisters and I would go out and collect beautiful bouquets of flowers or bake up a batch of goodies that we would then place on our neighbor's doorsteps on May 1<sup>st</sup>. The object is to ring the doorbell and run before your neighbors catch you, as they open the door they will be greeted with your basket of goodies to help welcome spring. I have attached two resources below to get you started 😊

[Easy Do it Yourself Day May Baskets](#)

[More Mayday Options](#)

If you do not prefer to use flowers, I have attached a few recipe ideas below that you could make and share. During this time of quarantine anything we can do to Pay it Forward is going to be so much appreciated. Have fun with this and if you chose to make a basket I would love to see your finished products.

Chex Mix

<https://www.chex.com/recipes/original-chex-mix/>

Funfetti Cake Batter Puppy Chow

<https://www.sixsistersstuff.com/recipe/chex-funfetti-cake-batter-buddies/>

Honey Peanut Cherio Mix

<https://www.bettycrocker.com/recipes/honey-peanut-school-fuel/e40c2ede-6f1b-459b-9c6f-b17c2425a795>