







November

Western Dubuque
Schools MS/HS

2023



November 2023 MS/HS Lunch

		1 Spaghetti w/Meat Sauce Garlic Toast Side Salad w/Dressing Fresh Apple Slices Milk	2 Mini Corn Dogs Baked beans & Broccoli Littles Fresh Grapes Milk	3 Wild Mike's Cheese Bites w/Marinara & Sun Chips Celery Sticks or Carrots w/ranch Craisins Milk
6 Chicken and Gravy w/Buttered Noodles Peas Pears Milk	7 French Toast Sticks w/Syrup Sausage Patties Hashbrown and Banana Juice Box Milk	8 Cheeseburger on a Bun w/Romaine and Tomato French Fries Fresh Green Beans Fruit Mix and Milk	9 Walking Taco w/Salsa w/Shredded lettuce and Cheese Refried Bean and Corn Potato Ole's Fresh Orange Slices	10 Pepperoni French Bread Fresh Cucumber Slices Applesauce Garden Salsa Sunchips Milk
13 Mandarin Orange Chicken Stir Fried Rice Steamed Veggies & Carrots Mandarin Oranges Milk	14 Mr. McRib Sandwich Baked Beans Peas Sliced Apples Milk	15 <i>Thanksgiving Meal!!</i> Roast Turkey w/dressing Mashed potatoes w/gravy Corn and Peaches Sunshine Bars Dinner Roll and Milk	16 Louisiana Chicken Fillet w/ Romaine and Tomato Curly Fries & Baby Carrots Applesauce Cup Milk	17 Cooks Choice Entrée Cooks Choice Chips Cooks Choice Fruit Cooks Choice Vegetable Milk
20 	21  KEEP CALM AND ACE YOUR FINAL EXAMS	22 23 24 		
27 Chicken Strips Mashed Potatoes w/gravy Corn Peaches whole grain dinner roll & Milk	28 Nacho's w/Cheese & Pulled Pork Baked Beans Pineapple Tidbits Craisins Milk	29 <i>Wild Wing Wednesday</i> Chicken Wings w/sauce bar Steak Cut Fries or Onion Rings Fresh Cucumber Slices w/Ranch Fruit Mix & Milk Oatmeal Choc Chip Cookie	30 <i>DMS Students Pick!</i> Spaghetti w/Meat Sauce Garlic Toast Side Salad w/Dressing Cinnamon Apples Milk	

Fat Free, 1% white and FF Choc Milk available daily

This institution is an equal opportunity provider



Due to Supply Chain disruptions, items on menus may change with limited notice. Thanks for your understanding.

