



October

Western Dubuque
Schools
Breakfast
2023

OCTOBER 2023 K-12 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks w/Syrup Juice Cup Applesauce Cup Milk	3 Cheese Omelet Potato Rounds Juice Cup Raisins Milk	4 Double Choc Muffin Fresh Apple Slices Juice Cup Milk	5 Cinnamon Roll Juice Cup Raisins Milk	6 2 Waffles Fresh Orange Slices Juice Cup Milk
9 Strawberry Pop Tart w/Toast *(MS/HS Only) Juice Cup Raisins Milk	10 Bacon Breakfast Pizza Juice Cup Raisins Milk	11 Sausage Breakfast Sandwich Raisins Juice Cup Milk	12 Whole Grain Donut Raisens Juice Cup Milk	13 Dutch Waffle Juice Cup Raisins Milk
16 Pizza Breakfast Bagel Juice Cup Raisins Milk	17 Mini Choc Donuts Cherry Craisens Juice Cup Milk	18 Sausage and French Toast Tornado w/Sryup Applesauce Cup Juice Cup & Milk	19 Double Choc Muffin Fresh Orange Slices Juice Cup Milk	20 Pancakes w/Syrup Juice Cup Raisins Milk
23 Ham Breakfast Bar w/Toast Juice Cup Applesauce Cup Milk	24 Strawberry Pop Tart w/Toast *(MS/HS Only) Juice Cup Raisins Milk	25 Sausage and Pancake bites w/syrup Apple Slices Juice Milk	26 Cinnamon Roll Juice Cup Raisins Milk	27 2 Waffles Fresh Orange Slices Juice Cup Milk
30 Double Choc Muffin Juice Cup Raisins Milk	31 Bacon Breakfast Pizza Juice Cup Raisins Milk	Cereal, Toast, Milk, Juice and Raisins available every morning!		

Menu subject to change without notice

This institution is an equal opportunity provider
Fat Free, 1% white and Choc Milk available daily



Reminder, If you feel you qualify for free or reduced meals.
Please submit an application in your parent portal. Click on More then Meal Benefits.

