



Western Dubuque
Schools Elementary
Lunch Menu
2023

October 2023 PK-5 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Boneless Chicken Bites Mashed Potatoes w/gravy Corn & Peaches Whole Grain Dinner Roll Milk	3 Cheese-filled Breadsticks w/Marinara Cup Fruit Mix Assorted Fresh Veggies Milk	4 Mini Corn Dogs Baked beans & Broccoli Littles Fresh Grapes or Kiwi Milk	5 Spaghetti w/Meat Sauce Garlic Toast Side Salad w/Dressing Fresh Apple Slices Milk	6 Stuffed Crust Pizza Sun Chips Celery Sticks or Carrots w/ranch Cooks Choice Fresh Fruit Craisins
9 Chicken and Gravy w/Buttered Noodles Peas Pears Milk	10 Cheese Dog on a bun w/Sweet Relish & Onion Steamed Vegetables Pineapple and Dried Cranberries Milk	11 Made with Local BEEF! Walking Taco w/Salsa w/Shredded lettuce and Cheese Refried Bean and Corn Potato Ole's Fresh Orange Slices	12 Chicken Nuggets French Fries Fresh Cucumber Slices w/Ranch Fruit Mix Milk	13 Cheeseburger on a Bun w/Romaine and Tomato Cheddar Sun Chips & Baby Carrots Sidekick Juice Milk
16 Mr. Sloppy Joe on a Bun Curly Fries Applesauce Mixed Veggies w/Cheese Milk	17 Popcorn Chicken Mashed Potatoes w/gravy Corn & peaches Whole Grain Dinner Roll Milk	18 French Toast Sticks w/Syrup Sausage Patty Hashbrown and Banana Half Juice Box Milk	19 Soft Shell Taco w/Cheese and Salsa Side Salad w/Baby Carrots Potato Ole's & Refried Beans Fresh Orange Slices	20 Louisiana Chicken Fillet w/ Romaine and Tomato French Fries & baby Carrots Coleslaw Applesauce Cup
23 Chicken Strips Mashed Potatoes w/gravy Corn Pears whole grain dinner roll & Milk	24 Mac and Cheeseburger w/Goldfish Crackers Mixed Steamed Veggies Cherry Craisins Fruit Mix & Milk	25 Mandarin Orange Chicken White Rice Steamed Broccoli Sugar Snap Peas Mandarin Oranges & Milk	26 Spaghetti w/Meat Sauce Garlic Toast Side Salad w/Dressing Fresh Apple Slices Milk	27 Pizza Crunchers Harvest Cheddar Sun Chips Fresh Fruit & Sidekick Juice Baked Beans & Baby Carrots Milk
30 Boneless Chicken Bites Mashed Potatoes w/gravy Corn & Peaches Whole Grain Dinner Roll Milk	31 Hot Diggity Dog Tator Tots Mixed Veggies w/Cheese Pineapple Tidbits Milk			

Menu subject to change without notice

This institution is an equal opportunity provider
Fat Free, 1% white and Choc Milk available daily



Reminder, If you feel you qualify for free or reduced meals. Please submit an application in your parent portal. Click on More then Meal Benefits.

