

**McCain® REDUCED SODIUM SMILE POTATOES**  
**USDA School Lunch Meal Planning Nutrition Facts**  
**OIF03456**

<b>NUTRITION FACTS</b>			
Serving Size 2.41 oz. (68g) <b>FROZEN</b> *** about 4 pieces			
<b>Amount per Serving</b>			
Calories 130	Calories from Fat 40		
% Daily Value*			
<b>Total Fat</b> 4.5g			<b>7%</b>
<b>Saturated Fat</b> 0.5g			<b>3%</b>
<b>Trans Fat</b> 0g			
<b>Polyunsaturated Fat</b> 1.5g			
<b>Monounsaturated Fat</b> 2g			
<b>Cholesterol</b> 0mg			<b>0%</b>
<b>Sodium</b> 180mg			<b>8%</b>
<b>Potassium</b> 250mg			<b>7%</b>
<b>Total Carbohydrate</b> 20g			<b>7%</b>
Dietary Fiber 2g			<b>7%</b>
Sugars 0g			
<b>Protein</b> 2g			
Vitamin A 0%	Vitamin C 4%		
Calcium 0%	Iron 2%		
<b>INGREDIENTS:</b> Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dried Potatoes. Contains 2% or less of Citric Acid (To Maintain Freshness), Dextrose, Mono- & Diglycerides, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.			

\*\*\* Per FBG, one serving portion (1/2 cup heated vegetable) equals 2.41 oz of McCain potatoes.

I certify that this information is true and correct.

<b>USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)</b>			
Product: Potato Products, frozen, Mashed (pg. 2-70), Potato dehydrated flakes, (pg. 2-68)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

<b>McCain Equivalent per Bag</b>			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	26.60	1/2 cup heated vegetable	3.76

<b>McCain Equivalent per Case</b>			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	159.60	1/2 cup heated vegetable	0.63

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Mashed, Frozen	2.8812 oz by weight	X	7.39 / 16	1.33
Potato, Dehydrated, Flakes	0.2744 oz by weight	X	50.5 / 16	0.866
<b>A. Total Creditable Amount</b>				<b>2.196</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.


\*\* The raw weight of 4 Smiles is 3.43 oz.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

1/15/2014  
Date

  
Susan Johnston - Labeling Specialist