



PRETZEL WHOLE WHEAT KING SIZE

Item Number: 997090

Brand: J&J SNACK
Vendor: J&J SNACK FOODS (DOT)
Quantity On Hand: 12
Category: Entrees, Frozen

Manufacture #: 30114
Pack Size: 50/5 OZ
Number of Servings: 50
GTIN: 10073321301146

Description: PRETZEL WHOLE WHEAT KING SIZE

Features & Benefits: Contains 0g Trans Fat, Contains 10% Iron

Serving Suggestions: Bake and serve.

Specific Requirements (Food)

NOI Iowa

Nutrition Facts	
Serving Size 5 OZ (5 OZ)	
Servings Per Case: 50	
Calories: 170	Cal. from Fat: 10
% Daily Value*	
Total Fat: 1 g	2 %
Saturated Fat: 0 g	0 %
Trans Fat: 0 g	0 %
Cholesterol: 0 mg	0 %
Sodium: 150 mg	6 %
Total Carbs.: 36 g	12 %
Diet. Fiber: 4 g	16 %
Sugars: 1 g	
Protein: 6 g	12 %
Vitamin A: 0 %	Vitamin C: 3 %
Calcium: 0 %	Iron: 0 %
*Percent Daily Values are based on a 2,000 calorie diet.	

Preparation & Cooking: Oven - Preheat to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place salted pretzel in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzel with water, sprinkle salt, microwave on high for 20-40 seconds. Heating times and temperatures may vary

Storage & Usage: Keep Frozen (0° F or below). Shelf life up to one year when stored properly.

Ingredients: Whole wheat flour, enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, corn syrup, wheat gluten, ascorbic acid, bicarbonates and carbonates of soda.

<p>Serving Size: 5 OZ (5 OZ) Servings per Case: 50 Storage Temperature: -10 ° FA - 0 ° FA Shelf Life: 365 Days Kosher: YES Child Nutrition: N/A</p>
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