# TRI-STATE FOOD RESOURCES



# FOOD PANTRIES

## DUBUQUE FOOD PANTRY

1598 Jackson St., Dubuque Mon/Wed/Fri: 1-4 Tues: 9-12

• Referral required

• Can receive every 60 days

## **SALVATION ARMY**

1099 Iowa St., Dubuque

Mon-Fri: 9-12 & 1-3

- Referral required
- Picture ID required
- 3-4 Months between visits
- Must be 18 years old

## ST. VINCENT DE PAUL VOUCHER CENTER & FOOD CENTER

1351 Iowa St., Dubuque

Tues/Thurs/Sat: 9-12

- Referral required
- Every other month

### **DUBUQUE AREA LABOR HARVEST**

423 West Locust St., Dubuque

Food Giveaway 2nd Saturday 7:30-9:30am

• ID is preferred

# DUBUQUE COUNTY VETERANS AFFAIRS

36 East 8th St., Dubuque

By Appointment 8-4:30 Call (563) 589-7840

- Must be Dubuque County resident
- Must be veteran or in veteran's immediate family

### MULTICULTURAL FAMILY CENTER

1157 Central Ave., Dubuque

Food Giveaway 4th Friday 2-5pm Call (563) 582-3681 to register

Pre-registeration begins every 4th Sat. until full (only serves 25 families).

- Max 8 per family
- Every other month
- 1st time proof of lowa residency and ID required

## HOPE HOUSE CATHOLIC WORKER

1592 Locust St., Dubuque

Open Every Day:10-5

Anyone is welcome

### DEPARTMENT OF HUMAN SERVICES

799 Main St. 4th Floor Nesler Centre, Dubuque

## **SNAP** (Supplemental Nutrition Assistance Program)

- Application is required
- Double up & match dollar for dollar when you purchase fresh fruits and vegetables at summer Farmers' Markets.

#### WIC

220 West 7th St., Dubuque

# Call (563) 557-4444

- For women who are pregnant and have children under age 5.
- Income based
- Healthy food
- Meet a specific requirement beyond income

### GRACE POINT FOOD PANTRY

3100 Windsor Ave., Dubuque

Mondays 6pm

Call to register (563) 583-3929

- Limited number of people each week
- For the working poor

## DUBUQUE COMM CHURCH OUTREACH

1696 Central Ave., Dubuque

Fri: 10:30-1:00

All are welcome

### EAST DUBUOUE

100 Elementary Dr. East Dubuque, IL

## Tuesday 5-10pm

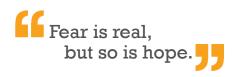
- East Dubuque Community
- Can receive once per month
- 1st time proof of address

# RESOURCES UNITE EMERGENCY FOOD PANTRY

1900 JFK Rd., Dubuque

Mon-Fri: 8:30am-4:30pm

• All are welcome



# FOOD PANTRIES cont.

### PLATTEVILLE FOOD PANTRY

1345 N. Water St.

1st, 2nd, 4th & 5th Thursdays 9-12 and 3rd Thursday 5:30-7pm

• 1st time - proof of address/income required

### DYERSVILLE FOOD PANTRY

350 1st Ave. East (Lower Level)

By Appointment Call: (563) 875-2897 or (563) 875-7826

- Service Areas: Dyersville, Earlville, Farley, Worthington, Petersburg, New Vienna
- 1st time fill out form
- Every 2 months

### **EPWORTH FOOD PANTRY**

104 1st St. SE

Food Giveaway 3rd Tuesday 4:30-6 Emergency call Karen (563) 513-9001

- All are welcome
- 1st time ID required

#### CASCADE FOOD PANTRY

201 2nd Ave. SW

Food Giveaway 3rd Thursday 3-5:30pm Emergency contact Dianna (563) 852-3285

- Proof of address required
- Service Areas: Cascade, Temple Hill, Worthington

## HOLY CROSS FOOD PANTRY

938 Church St.

(former City Hall Library)

**Monday 9-11 & Wednesday 4-6** (563) 870-2475

Non-perishable items only (no refrigeration)

## LUXEMBURG FOOD PANTRY

202 S. Andres St.

Call Roger (563) 590-6556

Non-perishable items only (no refrigeration)

### **BALLTOWN FOOD PANTRY**

468 Balltown Rd.

St. Francis of Assisi Church

Wednesday 8-10 & Thursday 4-6 or by Appt Sherri (563) 590-4777

Non-perishable items only (no refrigeration)

#### GALENA FOOD PANTRY

971 Gear St.

## 2nd & 4th Thursday 12:30-4:30pm

- Jo Daviess Co residents only
- Assistance only once a month
- Proof of Residency required
- Income guideline is used
- Also have a backpack program

# MAQUOKETA COMMUNITY CUPBOARD

903 W. Platt

Friday 9-11

Must live in Maguoketa school district

#### BELLEVUE BREAD BASKET

1700 State St

3rd Thursday

For more information visit City Hall

### BERNARD FOOD PANTRY

28914 46th Ave.

2nd Tuesday 4-5

Bernard and Leisure Lake residents

### PEOSTA FOOD PANTRY

14868 W. Ridge Lane

Crossroads Church of Peosta offices

8-4 Mon-Thurs or by appointment For appt call (563) 265-0163

## FARLEY FOOD PANTRY

202 2nd Ave SE

St. Joseph's Catholic Church Basement

For appt call (563) 580-1492

#### WORTHINGTON FOOD PANTRY

300 Park Drive

Call Lauren (563) 265-0163 or Gary (563) 542-5235

People can call and provide an address and list of needs. We will drop the items off on their doorstep to limit contact for everyone's safety.