Nutrition Facts

Serving Size 1.5oz (43g)
Servings Per Container 1

Amount Per Serving	
Calories 130	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 250mg	7%
Total Carbohydrate 35g	12%
Dietary Fiber 1g	4%
Sugars 27g	
Protein 1g	

Vitamin A 0% • Vitamin C 100%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Golden Raisins, Sugar, Natural Flavors, Citric Acid, Ascorbic Acid (Vitamin C), Sulfur Dioxide. Product of USA.

100-70044 00528-3

Nutrition Facts

Serving Size 1.5 oz (43g)
Servings Per Container

Amount Per Serving	
Calories 130	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 250mg	7%
Total Carbohydrate 35g	12%
Dietary Fiber 1g	4%
Sugars 27g	
Protein 1g	

Vitamin A 0% • Vitamin C 100%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Golden Raisins, Sugar, Natural Flavor, Citric Acid, Ascorbic Acid (Vitamin C), Sulfur Dioxide. Product of USA.

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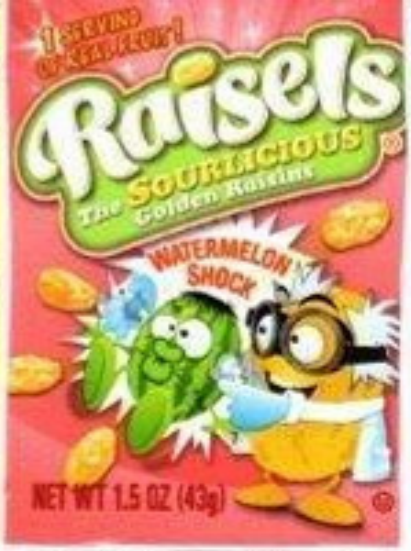

Nutrition Facts

Serving Size 1.5oz (43g)
Servings Per Container 1

Amount Per Serving	
Calories 140	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 250mg	7%
Total Carbohydrate 35g	12%
Dietary Fiber 1g	4%
Sugars 27g	
Protein 1g	

Vitamin A 0% • Vitamin C 100%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Golden Raisins, Sugar, Natural Flavors, Citric Acid, Ascorbic Acid (Vitamin C), Sulfur Dioxide. Product of USA.

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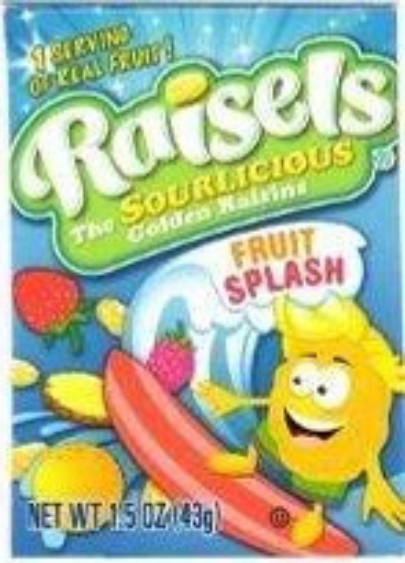

Nutrition Facts

Serving Size (43g)
Servings Per Container

Amount Per Serving	
Calories 140	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 260mg	7%
Total Carbohydrate 34g	11%
Dietary Fiber 1g	4%
Sugars 27g	
Protein 1g	

Vitamin A 0% • Vitamin C 100%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Golden Raisins, Sugar, Natural Flavors, Citric Acid, Ascorbic Acid (Vitamin C), Sulfur Dioxide. Product of USA.

100-70044 00569-6

Grown, Processed & Packaged in the USA

Made in a Nut Free Facility
10% USRDA Vitamin C
Fat Free – Cholesterol Free
Raisels (1.5 oz) serving is equal to ½ Cup of Fresh Fruit, based on USDA
Gluten Free
USDA Standards & Reimbursable for Contribution to all Meals.

Call Rick 800-892-6224 **e-mail: rickolson01@comcast.net**